



2023 CQMU

Study & Culture Tour

2023 感知重庆 体验重医





# The Tours



# Time



July 2023

| Sun       | Mon       | Tue       | Wed       | Thru      | Fri       | Sat       |
|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
|           |           |           |           |           |           | 1         |
| 2         | 3         | 4         | 5         | 6         | 7         | 8         |
| <b>9</b>  | <b>10</b> | <b>11</b> | <b>12</b> | <b>13</b> | <b>14</b> | <b>15</b> |
| <b>16</b> | <b>17</b> | <b>18</b> | <b>19</b> | <b>20</b> | <b>21</b> | <b>22</b> |
| 23        | 24        | 25        | 26        | 27        | 28        | 29        |
| 30        | 31        |           |           |           |           |           |

- 9-22 July
- Two Weeks this Summer



Jinyun Campus





# CQMU



## *IN CHONGQING, CHINA*

The world's largest inland port city, Chongqing is located in Southwestern China where the Yangtze and Jialing Rivers meet. The city was founded nearly 3000 years ago when the Ba-Yu civilization first established itself here. Later, during the Song Dynasty, the city was named Chongqing which in Chinese means "Double Happiness."

In today's Chongqing, you can see the fusion of old and new, modern and traditional.





# CQMU

## Chongqing Medical University

- Founded in **1956**;
- Comprehensive education in **medicine and other medicine-related fields** from Bachelor and Master, to Doctor and Postdoctoral;
- Jointly supported by Chongqing Municipal Government, National Health and Family Planning Commission and the Ministry of Education of China;
- One of the Pilot Universities of International Cooperation in Chongqing;
- **27,681** students ;
- **4 Academic Disciplines of National Importance**: Infectious Diseases, Pediatrics, Clinical laboratory Diagnosis, and Neurology;
- **28 Clinical Specialties of National Importance**;
- **1 National Engineering Research Centre**;
- **3 Key Laboratories of national importance** ;
- **15 Affiliated Hospitals**.



Yuanjiagang Campus



# Study Of Medicine and Related Areas



Labs



National Engineering Research Centre



Affiliated Hospitals



Moxa-wool moxibustion



Dental Hospital



Museum

# Study

## Of Chinese Traditional Arts



Chinese Knotting



Seal Cutting



Taichi



Calligraphy



Paper  
Cutting



Traditional  
Music



Tea



Traditional Painting



# Culture Of Chongqing



Nanbin Road



Rock Carvings



Chongqing Palace Museum Hall of  
Southbound Memory of Cultural Relics



People' s Great Hall



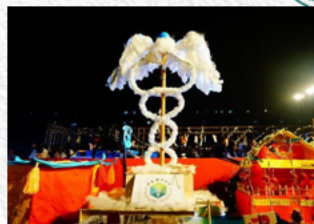
Yangtze River Cable Car



Three Gorges Museum



Candy Picture

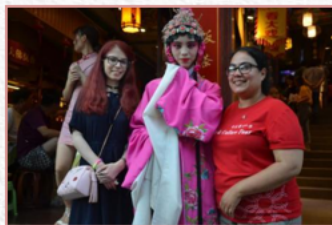


Lantern



Panda

# Culture Of China



Opera



Hotpot



Hot and Sour Noodles





# Culture Of Chinese Family





# Joining the Tour

- Are Students / Faculty members from partner universities in different countries
- And Volunteer students/faculty members at CQMU



We are confident that the Tour will be a lifelong memorable experience for all the participants.





# Feedbacks from Participants



For all the beautiful teachers & volunteers,  
I'll could never thank you enough for the hard work, care & attention. You all made us feel so welcome & at home, nothing was ever too much trouble & everything was always done with a smile. The evening you guys have is incredible & so interesting!  
Goodluck with all your future careers & don't forget there is always a place for all of you in Adelaide!  
Thank you all so so so much!!!  
We all come as strangers & have left as family!  
Love Lauren Miles  
(Australia)

hello everyone! I am so happy to know all of you.  
Thank you for everything. You all work hard for us and we really appreciate it. I will definitely miss all of you. I hope we will still keep in touch. Don't forget me. Hope to see all of you again.  
From:  
Michelle  
1 MARULAKHILL RESERVE, PERTH  
- AUSTRALIA

Thankyou (xixixix) for such an amazing experience, we are all enjoying our evening gang here with a new workmate. It has not only air chinese friends but the network from around the world.  
This experience will forever be in my heart. I love you  
Danielle xxx

Thank you so so much for this wonderful experience. I came without knowing anyone and thanks to the amazing time you arranged. I'm leaving with a bunch of new friends. I've loved getting to see your wonderful city and meeting such great people. I hope to speak and maybe see you again very soon.  
Nathan xx

Dear wonderful teachers and volunteers!  
Thanks for every moment shared with me and also with my friends from Adelaide. You guys are great and amazing! When I was in here, I've got so much happiness, great memories, kindness and also so much good time, the memories. I really regard to be here, especially with you guys. Wishin' to meet you all again and hope that the knowledge built will last forever.  
Thanks for everything!  
VUU - We all in one - VUU  
From: Kiah - Xixixix - Thank you  
Kiah  
Singapore

Hi xixixix, I can not thank you enough for such an amazing experience. I have made really good friends and have such wonderful memories. I have loved every part of the trip and hope we can all stay in contact and meet again. You are so amazing, friends + family for life.  
Love & hugs from  
Dorise  
xixixix





# Proposed Schedule (for reference only)

| Week   | Day         | Morning  | Afternoon  |
|--------|-------------|--|--|
| Week 1 | 9 July Sun  | Arrival of Guests  | Orientation  |
|        | 10 July Mon | Opening Ceremony   | <b>Course:</b> Basic Chinese<br><b>Visit:</b> Yuanjiagang Campus & First Affiliated Hospital of CQMU   |
|        | 11 July Tue | <b>Course:</b> Chinese Culture   | <b>Tour:</b> Ciqikou Ancient Town  |
|        | 12 July Wed | Course Package   |  |
|        | 13 July Thu | (A. Stomatology; B. Metabolomics; C. Paediatrics;                                  |  |
|        | 14 July Fri | D. Orthopedics & Rehabilitation; E. Traditional Chinese Medicine)                  |  |
|        | 15 July Sat | A Day with Chinese Families  |  |
| Week 2 | 16 July Sun | Free Time  |  |
|        | 17 July Mon | <b>Game:</b> Ping-pong Match With Chinese Students                                 | <b>Visit:</b> Chongqing Planning Exhibition Hall & Chongqing Palace Museum Hall of Southbo und Memory of Cultural Relics<br><b>Experience:</b> Night View in Nanbin Road |
|        | 18 July Tue | <b>Tour:</b> Dazu Rock Carvings  |  |
|        | 19 July Wed | <b>Experience:</b> Calligraphy & Chinese Traditional Fans                          | <b>Visit:</b> Chongqing Human Life and Health Museum & Some Art Works Made by Students<br><b>Dinner:</b> Hotpot Party  |
|        | 20 July Thu | <b>Visit:</b> National Engineering Research Center of CQMU (Ultrasound Technology) | <b>Visit:</b> Zoo (Pandas)   |
|        | 21 July Fri | Free Time  | Wrap--up Meeting & Farewell Party  |
|        | 22 July Sat | Departure  |  |

# Proposed Program Fee



| Items  | Per Person Cost (CNY) |
|--|-----------------------|
| Instructional Cost   | 800                   |
| Transportation for Field Trips to<br>Yuanjiagang Campus<br>The People's Great Hall of Chongqing<br>Three Gorges Museum<br>Chongqing Planning Exhibition Hall<br>Chongqing Human Life and Health Museum<br>Affiliated Hospitals | 1250                  |
| Culture Experience   | 600                   |
| Dazu Rock Carvings<br>Chongqing Palace Museum Hall of Southbound<br>Memory of Cultural Relics  |                       |
| Meals  | 200                   |
| Hotpot<br>Local Cuisine  |                       |
| Accommodations (Guest House on-campus)   | 1050                  |
| Double room (14 nights)  |                       |
| Total  | 3900 (≈\$565)         |



## Course Package

### Package A Stomatology

#### Course introduction

1. To learn the basic theory and knowledge of stomatology, including the science of diagnosis, treatment, prevention and other aspects of oral and maxillofacial diseases;
2. To master the basic ability to diagnose, repair, as well as prevent and care common oral diseases and frequently-occurring diseases.



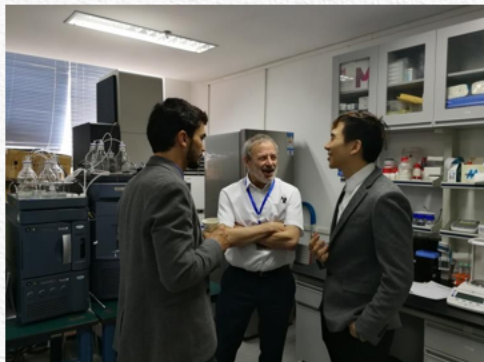


# Course Package

## Package B Metabolomics

### Course introduction

1. To meet with the leading metabolomics research team in CQMU;
2. To visit the metabolomics lab, learn lab safety, and understand metabolomic theory and instrument operation.;
3. To learn microfluidic technology and make your own microfluidic chip.





## Course Package

### Package C Paediatrics

#### Course introduction

1. To visit the Children's hospital / College of Paediatric(top-3 in China) and the Scientific Research Platform;
2. To visit the National Children's Regional Medical Center and the National Clinical Medical Research Center;
3. To attend lectures from our leading paediatrics professor.





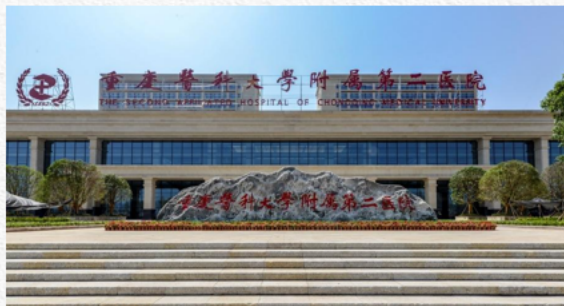
# Course Package

## Package D

### Orthopedics & Rehabilitation

#### Course introduction

1. To learn about Cervical Spondylosis treatment (Problem-Based Learning) and Minimal Access Surgery;
2. To observe smart healthcare practice and the department of orthopedics;
3. To learn Chinese traditional medical healthcare and rehabilitation, such as acupuncture.
4. To visit the Second Affiliated Hospital of CQMU, including its history, heritage and development.





## Course Package

### Package E

### Traditional Chinese Medicine

#### Course introduction

1. To recognize common medicinal plants, learn the traditional identification experience and the modern identification methods of crude drugs, research and explore theoretical and practical issues such as authenticity identification of crude drugs;
2. To learn the four diagnosis of diseases in traditional Chinese medicine, such as watching, listening, question and feeling the pulse;
3. To learn and experience the non-pharmacological acupuncture and cupping.



# Notes for Program Fee



1. Regarding the partner relationship between our universities, CQMU is willing to sponsor 5 participants the program fee (including instructional cost, local transportation, admission fee for cultural spots and accommodations, except for the cost of round-trip travel, visas, meals and other personal expenses).
2. The proposed program fee is for reference only. The final amount will be charged according to the actual expenses.
3. Meal cost is approximately ¥ 30-100 CNY per day, depending on the variety of food and location.
4. Current exchange rates: \$1.00 USD= ¥6.9 CNY



Guest House



Local Cuisine



Monorail



# Application Information

## ○ APPLICATION DEADLINE

- Please submit the application form by email before **30 April 2023**.

## ○ CONTACT INFORMATION

- Contact Person: Marissa Ma
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We cordially welcome you at  
CQMU!

重庆医科大学欢迎您！





- Experience the Ancient
- Explore the New

**感知重庆 体验重医**